

# Dealing with our FEAR



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*There are things we can feel fearful about; from the irrational, like spiders, to the worries of losing family members. This week we looked at David and his very real GIANT he faced. We saw how he brought God into his situation.*

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“David said to the Philistine, “You come against me with sword and spear and javelin, but I come against you in the name of the LORD Almighty

...All those gathered here will know that it is not by sword or spear that the LORD saves; for the battle is the LORD's, and he will give all of you into our hands.”

1 Samuel 17:45,47



Read Psalm 23 and make it a personal prayer. Read Psalm 23 and replace words like 'my, I, me, etc' with your name...

For example “The Lord is Emma's shepherd, I shall not be in want...”



Here are some Youtube links you may like to look at.

[Footprints in the sand](#)

[No longer slaves to fear](#)

[Kid President talks about fear](#)

- What fear did David's country face?
- How did David overcome the fear?
- What giants (fears) are you facing?
- How might you overcome them?

Cast your cares on the Lord  
and he will sustain you;  
he will never let  
the righteous be shaken.

**Psalm 55:22**